

# Vegetarian / Vegan

#### BREAKFAST

Core Veggie / Vegan £10.50

2 Vegan Sausages, Fried Capers, Smashed Avo, Grilled Tomatoes, Egg, Hash Brown, Beans, Mushrooms, Toast.

Extras £1.50 per item

#### BRUNCH

Veggie Brunch Croissant £8 (v)
Mushrooms, Truffle, Chives

> French Toast £9 (v) Veggie - Forest Fruits Compote

Avocado on Toast £9.00 (v) Scrambled or Poached Egg, Chives

Wild Mushrooms on Toast £8.00 (v) (ve) Wild mushrooms, Pickled Mushrooms, herboil

## LUNCH

Soup of the Day £6.50 (v) (ve) (gf) Served with Fresh Bread

BLT £9.00 (ve) (v)

Beetroot, Lettuce, Sundried Tomato, Pesto Mayonnaise on Fresh Baked Tomato Focaccia.

Watermelon, Apple and Feta Salad - SIDE £5 - MAIN £9.00 (v) (ve) Watermelon, Feta, Apple sticks rocket & Orange topped with Balsamic Glaze

Cous Cous Salad £8.00 (v) (ve)

Light Cous Cous Salad, Apricot sultanas, Cherry Tomatoes, Cucumber Finished with Mint Dressing

(v) Vegetarian (ve) Vegan



## Gluten Free

## BREAKFAST

Core Breakfast £11.50 2 GF Sausages, 2 Bacon, Grilled Tomatoes, Egg. Beans, Mushrooms, Toast.

Breakfast Toasted Sandwhich £6.00

Bacon, Fried Egg on Toast

#### BRUNCH

French Toast £9 Bacon, Maple Syrup, Cinnamon Veggie - Forest Fruits Compote

Salmon & Egg £10 Scrambled Egg, Fresh Smoked Salmon, Chives, on Toast

Salmon Stack £9.50
Fresh Smoked Salmon, Citrus Cream Cheese, Fried Capers, Pickled Cucumber.

Wild Mushrooms on Toast £8.00 Wild mushrooms, Pickled Mushrooms, Herb Oil

## LUNCH

Soup of the Day £6.50 Served with Fresh Bread

BLT £9.00

Bacon, Llettuce, Sundried Tomato, Pesto Mayonnaise

Steak and Eggs £14 6oz Rump, 2 Fried Egg, Tomatoes, Core Verde

Watermelon, Apple and Feta Salad - SIDE £5 - MAIN £9.00 Watermelon, Feta, Apple Sticks Rocket & Orange Topped with Balsamic Glaze